

CANADIAN PENSION PLAN (CPP) DISABILITY BENEFITS

Share Lawyers Guide to Applying
for Your Disability Benefits



SHARELAWYERS

WHAT ARE CPP DISABILITY BENEFITS AND DO I QUALIFY?

- Canada Pension Plan (CPP) Disability Benefits are a taxable monthly payment from the Government of Canada.
- You may be eligible for CPP Disability Benefits if you have made sufficient contributions to CPP within the required time frame and are no longer able to work regularly due to disability, which is both **severe and prolonged**.
- You must be between the ages of 18-64 (inclusive) to be eligible to apply for CPP Disability.
- **SEVERE** means that you have a mental or physical disability that regularly stops you from doing any type of substantial gainful work.
- **PROLONGED** means that your disability is long-term and of indefinite duration or is likely to result in death.
- Please see Service Canada website for additional information: <https://www.canada.ca/en/services/benefits/publicpensions/cpp/cpp-disability-benefit.html>



“Many thanks for your help and how kind you were throughout. I wish I had seen your ad 5 years earlier!”

-Sara A.

WHAT DO I DO NOW?

1. Call Service Canada at 1-800-277-9914 to obtain an estimate of your potential entitlement to Disability Benefits from the Canada Pension Plan. This amount is, on average, approximately \$1000 per month. If you have been off work for more than a few years, the call center may not be able to access the estimate.

Please note, that you may also be eligible for a children's benefit if you have dependent children under the age of 18 or between 18-25 who are attending school full-time.

2. In either case, ask that they also sent you a "Statement of Contributions" and send a copy of this to Share Lawyers. If you have obtained your estimate, please call Share Lawyers with this information.

3. Apply to CPP-Disability.

- To obtain the forms, go to your nearest Service Canada office for paper copies OR print the application form (ISP1151) AND the medical form (ISP2519). You can find the application here: <https://www.canada.ca/en/services/benefits/publicpensions/cpp/cpp-disabilitybenefit.html>

IMPORTANT!

Both the required forms **MUST** be completed and submitted to Service Canada in order for your application to be processed.

TIPS ON COMPLETING THE CPP DISABILITY APPLICATION FORM:

- Your doctor must complete the medical form; **HOWEVER**, you first must complete and SIGN pages 1 and 2.
- Your doctor should not charge you for filling out the medical report-your doctor can bill Service Canada directly.
- The application form is 26 pages which can be daunting. However, this does include a lot of explanations and examples to help you properly complete the form.
- Concentrate on one section at a time.
- You must answer the questions in the order that they are presented.
- Not all areas apply to you and your case (for example, if you have no children then B3 and Section F do not apply to you). However, please be sure to answer **ALL** the questions until directed otherwise in the form.
- You are not required to suffer from medical problems in **ALL** facets noted. This can range from having no physical difficulties at all because your disability stems from mental health issues, to having restrictions only on 1 part of your body.
- Do not worry if you are able to complete some tasks without any restrictions. Your functionality as a whole is the **MOST** important. For example, you can be fine in feeding yourself and managing your affairs but still be disabled regarding housekeeping and home maintenance.

SUBMITTING YOUR APPLICATION

- Once you have properly completed your application, please make a copy and send it to Share Lawyers.
- Once that is done, send your application to Service Canada. The address is on the form.
- Your doctor may send in the CPP Medical Report independently or he/she may provide it to you to include with your CPP Disability Application. Please make sure to talk with your doctor prior to completing the Medical Report and discuss why you have a both severe end prolonged disability that prevents you from working.
- You can expect a letter from Service Canada acknowledging your CPP Disability Application submission within a few weeks. Typically, the decision regarding your entitlement will be mailed to you within 4-6 months of your submission. Remember, your application will not be processed until they have both your application and your doctor's medical report.
- You can call Service Canada at 1-800-277-9914 to check on the status of your CPP Disability Application at any time.
- Send Share Lawyers copies of ALL documents you send AND receive from CPP Disability.

Please contact Share Lawyers to discuss the next steps once you have been approved or denied CPP Disability!



“Professional, courteous and caring is how I would describe Share Lawyers.”

- Laisha P.



“Thank you for your services and representing me in this case. Your efforts to reach a prompt and fair settlement have certainly alleviated many of my stresses.”

- Paul R.

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416-488-9000
1-888-777-1109

legal@sharelawyers.com
www.ShareLawyers.com

3442 Yonge St, Toronto, ON M4N 2M9